

2017 ATHLETIC PERFORMANCE BUYING GUIDE



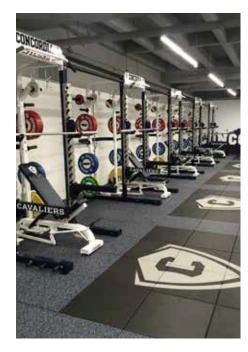


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FOLLOW US ON INSTAGRAM AND TWITTER!

- SEE THE LATEST WEIGHT ROOMS WE'VE INSTALLED
- FIND OUT ABOUT NEW PRODUCTS AND FEATURES
- SEE US AT SHOWS AROUND THE COUNTRY
- WE ADVERTISE SPECIALS HERE



BSN_WilderFit



@BSN_WilderFit







BSN Sports in partnership with Wilder Fitness Equipment introduces complete weight room solutions. Wilder Fitness Equipment has been building the best weight room and fitness equipment for over 25 years and proudly made in America. Wilder Fitness Equipment is built tough with high-grade steel, precision parts and expert craftsmanship to give you the best durability and performance your program demands.

Wilder Fitness Equipment is designed and manufactured with the quality and expertise to meet the highest standards in the industry. Every piece of equipment is produced to help the user achieve greater endurance, increased strength and improved flexibility to achieve the maximum level of performance. Each piece of equipment is custom built and made to order with no exceptions. Simply put, Wilder Fitness Equipment is the best in the industry for biomechanical function, adjustability and durability!





Freight: Prepaid by the by the customer F.O.B. Pontotoc, MS. Orders are shipped via common carrier or factory installation teams. Please allow 10-12 weeks for delivery.

Installation: Offered at an additional charge and is subject to the custom nature of each order and shipping destination. (Consult with your BSN Sports sales professional for details)

Warranty: Wilder Fitness Equipment guarantees its basic steel framework against defective material and workmanship for life to the original purchaser. Five years on moving parts (belts, bearings & pulleys). 120 days on cables, pulleys and upholstery. (Ninety days on items not specified) This warranty does not apply to any part or parts damaged as a result of misuse, negligence, or accident, or which have been repaired or altered by anyone other than Wilder Fitness Equipment, or it's representatives. No other warranties, except the above, apply to any equipment distributed by Wilder Fitness Equipment.

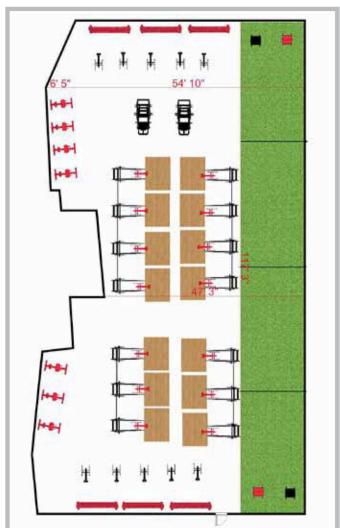


WEIGHT ROOM DESIGN MADE EASY

BSN SPORTS will help take your facility to the next level from start to finish.

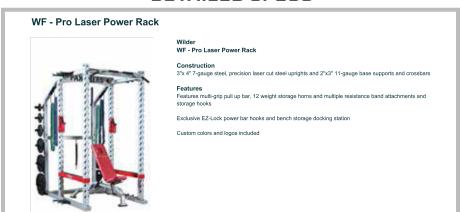
SPACE PLANNING • ROOM LAYOUT • EQUIPMENT SELECTION • DETAILED PRODUCT SPECS CUSTOM ARTWORK • DELIVERY • INSTALLATION

CUSTOM ROOM DESIGN



CONTACT YOUR BSN SALES PRO TODAY FOR MORE INFORMATION! ALLOW 10-12 WEEKS FOR DELIVERY, CALL FOR DELIVERY AND INSTALLATION DETAILS.

DETAILED SPECS



CUSTOM ARTWORK







PRO LASER POWER RACK

- < The Pro Laser series features 3" x 4" 7-guage, precision laser cut steel uprights and 2" x 3" 11-guage base supports and crossbars
- < Exclusive EZ-Lock Power Bar Hooks and Bench Storage Docking Station
- < Includes multi-grip pull up bar, 12 weight storage horns and multiple resistance band attachments and storage hooks (1 weight bar storage holder)
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Call for custom color options and ordering assistance
- < Shown with optional Flat-To-90 Bench (See page 18) and Deluxe Lifting Platform

1378736 1378737 Full Rack Full Rack with Platform





Pro Laser Power Hook without Locking Pin



1378737 (with platform)



PRO LASER HALF RACK

- < The Pro Laser series features 3" x 4" 7-guage, precision laser cut steel uprights and 2" x 3" 11-guage base supports and crossbars
- < Exclusive EZ-Lock Power Bar Hooks and Bench Storage Docking Station
- < Includes multi-grip pull up bar, 12 weight storage horns and multiple resistance band attachments and storage hooks (1 weight bar storage holder)
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Call for custom color options and ordering assistance
- < Shown with optional Flat-To-90 Bench (See page 18) and Deluxe Lifting Platform

1378734 1378735 Half Rack Half Rack with Platform

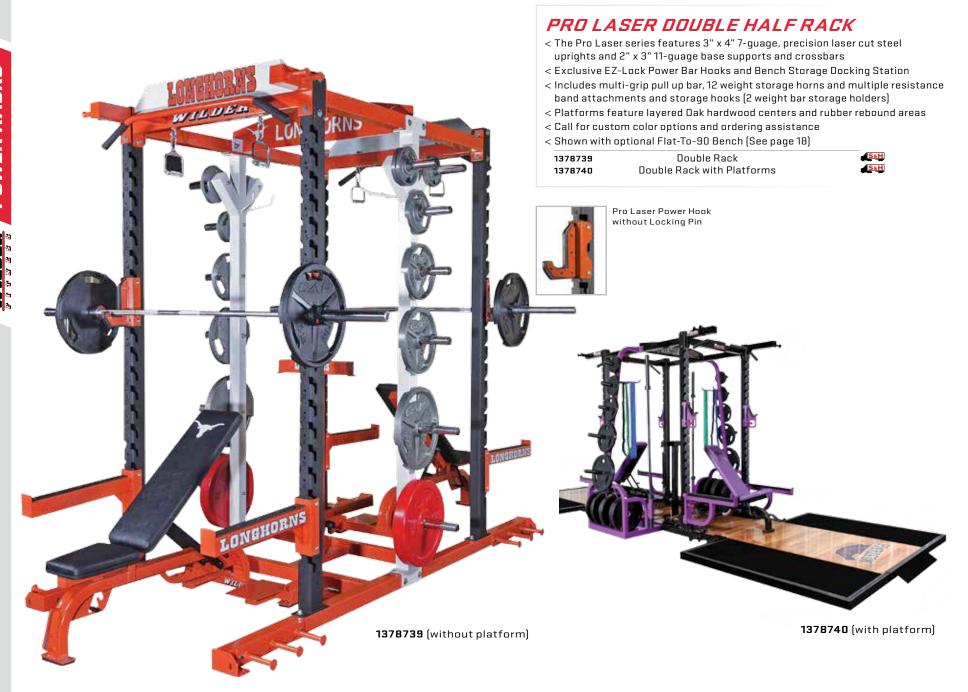




Pro Laser Power Hook without Locking Pin









VARSITY FULL RACK

- < The Varsity series features 3" x 3" 7-guage, laser cut steel uprights and 2" x 3" 11-guage base supports and crossbars
- < Exclusive EZ-Lock Power Bar Hooks and Bench Storage Docking Station
- < Includes multi-grip pull up bar, 12 weight storage horns and multiple resistance band attachments and storage hooks
- < Full and Half Racks include 1 weight bar storage holder
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Call for custom color options and ordering assistance
- < Shown with optional Flat-To-90 Bench (See page 18)

1378743 1378744 Full Rack Full Rack with Platform





1378743 (without platform)

Power Hook without Locking Pin



1378744 (Varsity Full Rack with Platform)



WILDER



VARSITY HALF RACK

- < The Varsity series features 3" x 3" 7-guage, laser cut steel uprights and 2" x 3" 11-guage base supports and crossbars
- < Exclusive EZ-Lock Power Bar Hooks and Bench Storage Docking Station
- < Includes multi-grip pull up bar, 12 weight storage horns and multiple resistance band attachments and storage hooks
- < Full and Half Racks include 1 weight bar storage holder
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Call for custom color options and ordering assistance
- < Shown with optional Flat-To-90 Bench (See page 18)

1378741 1378742 Half Rack Half Rack with Platform





Power Hook without Locking Pin



1378742 (Varsity Half Rack with Platform)



VARSITY DOUBLE HALF RACK

- < The Varsity series features 3" x 3" 7-guage, laser cut steel uprights and 2" x 3" 11-guage base supports and crossbars
- < Exclusive EZ-Lock Power Bar Hooks and Bench Storage Docking Station
- < Includes multi-grip pull up bar, 12 weight storage horns and multiple resistance band attachments and storage hooks and 2 weight bar storage holders
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Call for custom color options and ordering assistance
- < Shown with optional Flat-To-90 Bench (See page 18)

1378745 1378746 Double Rack Double Rack with Platforms





Power Hook without Locking Pin



1378746 (with platform)



WAR

WARRIORS

1378745 (without platform)

POWER FULL & HALF RACK

- < The Power series features precision laser cut 3" x 3/16" channel steel and 2" x 2" 11-gauge base supports and cross bars providing a solid weight lifting station at a value price
- < Includes standard power J-hook bar catches, 2" x 2" safety catches (half & double racks) or 1" solid steel safety rods (full rack), multi-grip pull-up bar, 10 weight storage horns and additional bumper plate storage (double half-rack only)
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Shown with optional Flat-To-90 Bench (See page 18)



POWER FULL RACK

1378749 1378750

Full Rack Full-Rack with Platform



1378747 1378748

Half Rack Half Rack with Platform





DOUBLE POWER HALF RACK STATION

- < The Power series features precision laser cut 3" x 3/16" channel steel and 2" x 2" 11-gauge base supports and cross bars providing a solid weight lifting station at a value price
- < Includes standard power J-hook bar catches, 2" x 2" safety catches, multi-grip pull-up bar, 10 weight storage horns and additional bumper plate storage (2 weight bar storage sleeves)
- < Platforms feature layered Oak hardwood centers and rubber rebound areas
- < Shown with optional Flat-To-90 Bench (See page 18)

1378751 1378752 Double Half Rack Double Half Rack with Platform







1378752 (with platform)





- < The Basic Power Rack features precision laser cut 3" x 3" 7-gauge uprights and 2" x 3" 11-gauge steel base supports and crossbars, powder coated in a single color
- < Includes Flat-to-90 Bench, pull up bar and 12 weight storage horns
- < Specify one color for rack and frame and vinyl color for bench
- < Banner and headband logos available for an additional charge (call for details)

Basic Rack Basic Rack with Logos



COMPETITION POWER LIFTING BENCH/SQUAT STAND

- < Constructed of 3" x 3" and 2" x 2", 7-guage high-grade powder coated steel
- < Extra large base for secure support
- < Height adjustable and removable standards and safeties
- < Heavy-duty bench can be easily removed from rack
- < 67"H x 52"W x 72"L 450 lbs.

1388353



Shown without bench for squats







Add a selectorized weight stack to your Power Racks for the ultimate in versatility. They can be added when you purchase your racks or at a later time. (Bench docking station feature will be lost with the addition of either weight stack.)

STACK WITH DIP/CHIN/LOW ROW/CURL

- < 200 lb. weight stack glides on 2 1" solid case hardened steel rods
- < Dual pulley system requires no adjustment to switch from lat pull down to low row/curl (bars included)
- < Features standard pull up grip bar and dip bars that conveniently fold for storage
 1390940

STACK WITH ADJUSTABLE CABLE COLUMN

- < 200 lb. weight stack glides on 2 1" solid case hardened steel rods
- < 3/16 stainless steel cable black nylon coated to 1/4"
- < Includes tricep push down rope and curl bar

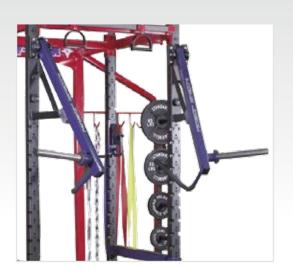






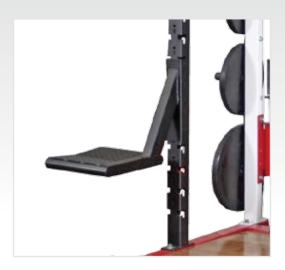
DIP ATTACHMENTS

1378758 For Laser/Varsity Racks 1395528 For Power/Chanel Racks



POWER LUNGE ATTACHMENT

1378753



S&H

TECHNIQUE TRAY

1378755



FOAM PLYO ATTACHMENT

1390936





LAND MINE

1378757



S&H



ONE LEG SQUAT ATTACHMENT





TEXTURED



STAINLESS STEEL

1390939



CHROME

1390938

RACK CONNECTORS/BRIDGES



FAT BAR CHIN UP

LASER POSITIVE

1390942

2" Diameter



GRIP BALLS

1390943

S&H

3" Diameter



STANDARD PULL UP BAR AND HEAVY BAG

1390944

458H

BANNER OPTIONS (NO ADDITIONAL COST)



LASER NEGATIVE







S&H





DELUXE FLAT - TO - 90 BENCH

- < Adjustable in 7-positions from flat to 90 degrees
- < Includes transport wheels and large surface diamond plate spotters stand
- < Dockable with Pro Laser and Varsity Power Racks S&H

1378760



- < Adjustable in 7-positions from flat to 90 degrees
- < Includes transport wheels and diamond plate spotters stand

1378759



BENCHES

All Adjustable/Stationary Benches Include:

- < Frame constructed of 2" x 3" 11 gauge highgrade powder coated steel
- < Pads constructed of 100% Naugahyde and premium density polyethylene foam





- < Adjustable in 7-positions from flat to 90 degrees
- < Single lever action adjusts seat and back pads in one motion
- < Includes transport wheels and large surface diamond plate spotters stand
- < Dockable with Pro Laser and Varsity Power Racks S&H



FLAT - TO - 90 DECLINE BENCH

- < Adjustable in 7-positions from flat to 90 degrees and 10 degrees decline
- < Includes transport wheels and large surface diamond plate spotters stand

1378911





ADJUSTABLE DECLINE BENCH

- < Adjustable in 6 positions from 15 degrees to 45 degrees decline in 5 degree increments
- < Includes transport wheels for easy mobility









- < Includes 4 weight storage horns with protective wear sleeves, UHMW polyethylene bar protectors and spotters stand
- < Seat height adjustable in 8-positions





OLYMPIC BENCH PRESS

< Includes 6 weight storage horns with protective wear sleeves and UHMW polyethylene bar protectors

S&H 1378766



< Includes both high and low safety bar catches and UHMW polyethylene bar protectors

1378768

S&H



SHOULDER PRESS

< Includes both high and low and front and rear safety bar catches and UHMW polyethylene bar protectors

1378769





FLAT BENCH

< Includes easy grip handle and transport wheels for easy mobility

1378762





UPRIGHT UTILITY BENCH

< Includes textured foot rest for additional safety

1378764



SEATED PREACHER CURL

- < Seat height adjustable in 8 positions to insure proper technique
- < Includes 2 weight storage horns

1378775



S&H



ADJUSTABLE LEG EXTENSION / CURL COMBO

< Seat back height adjustable for leg extension or in flat or decline position for prone leg curl

SEATED CALF RAISE

1378789

< Thigh/knee pad restraint adjust to accommodate different user sizes



S&H

DELUXE GLUTE HAM

< Linear bearing adjustable to accommodate all size users and ensure proper technique < Includes transport wheels for easy mobility and resistance band attachment pegs for

S&H

increased performance

S&H 1378779

LEG MACHINES

Navy

Kelly

Purple

All Leq Machines Include:

grade powder coated steel

Royal

Yellow

Burnt Orange

White

< Frame constructed of 2" x 3" 11 gauge high-

< Pads constructed of 100% Naugahyde and premium density polyethylene foam - FRAME AND VINYL COLOR OPTIONS

Lt. Blue

Scarlet

Black

Athletic Gold Vegas Gold

Dk. Green

Maroon

Silver

GLUTE HAM

< Foot pads adjust vertically and horizontally to accommodate all size users S&H 1378778





- < 4 start-stop locations to accommodate various height users
- < The carriage glides smoothly at a 45 degree angle on 4 precision linear bearings
- < Adjustable backrest to ensure proper angle for exercises
- < Equipped with safety catches that can be engaged by user from any position
- < Includes 4 weight storage horns

1378791







UNILATERAL LEG PRESS

- < Closed linear bearings gliding on 1∎-inch solid steel rods provide uncommon smoothness and less maintenance
- < An easy-to-use latch mechanism allows the diamond plate foot carriages to operate independently from one another or locked together</p>
- < Seat height adjustable in 8 positions to insure proper technique
- < Includes 6 weight storage horns

1378784

1378785







S&H











STANDARD SELECTORIZIED **EQUIPMENT**

All Machines Include:

- < Frames constructed of 2" x 2" and 2" x 3" 11-qauge high grade powder coated steel
- < Pads constructed of 100% Naugahyde and premium density polyethylene foam, sewn and top-stitched
- < Stainless Steel (not chrome plated) quide rods
- < 1" pillow block bearing hinges
- < Nylon reinforced pulleys with sealed bearings
- < Cables are 3/16" aviation grade stainless steel coated in black nylon to 1/4" thickness
- < All models feature 200 lb. weight stacks (Leg Press features 300 lbs.), additional weight can be added by request and for an additional cost



















POWER LUNGE

- < Frame constructed of 2" x 3" 11 gauge high-grade powder coated steel
- < Unilateral converging motion allows for explosive equal strength development
- < Precision flange bearings and rubber bump stops all for smooth, quite frictionless operation
- < Includes 4 weight storage horns

1378788



- < Frame constructed of 2" x 3" 11 gauge high-grade powder coated steel
- < Includes 6 weight storage horns
- < Great bridge between leg presses and safer, more controlled than barbell squats

1378787



SELECTORIZED SMITH MACHINE

- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge highgrade powder coated steel
- < Bar uses precision linear bearings to glide smoothly on 1" solid case hardened steel rods
- < The best of both worlds, the ease and safety of smith machine operation and selectorized weight adjustment
- < Weight Stacks are 150 lbs. each; both stacks must be pinned so adjustments are increments of 20 lbs.

S&H

S&H



- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge highgrade powder coated steel
- < Bar uses precision linear bearings to glide smoothly on 1" solid case hardened steel rods
- < Counter balance provides assisted lifting
- < Includes 6 weight storage horns

1378782



- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < Fully enclosed linear bearings with unsupported quide rods
- < Solid steel peg and hook safety catch system

1378781



PLATE LOADED & ISOLATERAL EQUIPMENT

All Machines Include:

- < Frames constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < Pads constructed of 100% Naugahyde and premium density polyethylene foam, sewn and top-stitched
- < 1" pillow block and 1" flange bearing hinges depending on location and model
- < Rubber feet for stability (Can be removed and bolted to floor)





ISOLATERAL SHOULDER PRESS



PLATE LOADED HORIZONTAL BENCH



PLATE LOADED INCLINE PRESS
1378905











ISOLATERAL LEG CURL





ISOLATERAL LEG EXTENSION

1378895



PLATE LOADED DECLINE BENCH

1378897





ISOLATERAL & PLATE LOADED EQUIPMENT

All Machines Include:

- < Frames constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < Pads constructed of 100% Naugahyde and premium density polyethylene foam, sewn and top-stitched
- < 1" pillow block and 1" flange bearing hinges depending on location and model
- < Rubber feet for stability (Can be removed and bolted to floor)





PLATE LOADED LUNGE/DEADLIFT







ISOLATERAL HIGH LAT PULL

1378893





ISOLATERAL VERTICAL ROW

1378903

1378912



S&H



1378896









PLATE LOADED STANDING SHRUG









- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < 1" pillow block bearing pulley
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < 1" flange bearing seat can be adjusted to work neck side to side and front to back (without getting up)
- < Seat is height adjustable to accommodate most users





- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < 1" pillow block bearing pulley
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < 1" flange bearing seat can be adjusted to work neck side to side and front to back (without getting up)
- < Seat is height adjustable to accommodate most users
- < 100 lb. weight stack

1378841





- < Frame constructed of 2" x 2" 11 gauge high-grade powder coated steel
- < 11/2" rubber coated solid steel handles
- < Non-Slip surface foot supports









- < Large seat pad and foot supports on low row accommodate any size user
- < Adjustable thigh hold down pads on lat pull down accommodate any size user
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < Each 200 lb. weight stack glides on 2 1" solid case hardened steel rods
- < Includes standard 48" x 1" lat bar and double grip low pulley bar



PLATE LOADED LAT PULLDOWN LOW ROW COMBO

- < Adjustable thigh hold down pads on lat pull down accommodate any size user
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < 2 12" weight horns glide on 2 1" solid case hardened steel rods
- < Dual pulley system requires no adjustment to switch from lat pull down to low row
- < Includes standard 48" x 1" lat bar and double grip low pulley bar

1378798



SELECTORIZED LAT PULLDOWN LOW ROW COMBO

- < Adjustable thigh hold down pads on lat pull down accommodate any size user
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < 200 lb. weight stack glides on 2 1" solid case hardened steel rods
- < Dual pulley system requires no adjustment to switch from lat pull down to low row
- < Includes standard 48" x 1" lat bar and double grip low pulley bar







4-WAY MULTI-GYM

- < Frame constructed of 2" x 2" and 2" x 3" 11 gauge high-grade powder coated steel
- < Pads constructed of 100% Naugahyde and premium density polyethylene foam, sewn and top-stitched
- < Each 200 lb. weight stack glides on 2 1" solid case hardened steel rods
- < 3/16" stainless steel cable black nylon coated to 1/4"
- < Allows multiple athletes to work out simultaneously in a circuit

1378825



CONFIGURATION OPTIONS:

- < STANDING LEG CURL
- < HIGH/LOW PULLEY
- < PRONE LEG CURL
- < SEATED LEG EXTENSION
- < STANDING TRICEP EXTENSION
- < SEATED PREACHER CURL
- < PECTORAL FLY
- < LAT PULL DOWN
- < LOW ROW
- < SHOULDER PRESS
- < HORIZONTAL CHEST PRESS
- < VERTICAL CHEST PRESS
- < STANDING CALF RAISE
- < SEATED LEG PRESS
- < CABLE CROSSOVER

6-WAY AND 8-WAY JUNGLE SYSTEMS ALSO AVAILABLE. CALL FOR DETAILS.

6-WAY MULTI-GYM

1378824

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8-WAY MULTI-GYM

1378823



FRAME AND VINYL COLOR OPTIONS







- < Each 150 lb. weight stack glides on 2 1" solid case hardened steel rods
- < Fully adjustable pulley blocks
- < Used for chest pulls, press downs, lateral raises, curls, leg kick exercises and pull ups
- < Includes 2-single chrome handles





CABLE ATTACHMENTS

I. CHLBPROX 2. CHLB481X

3. CHLBHNDL

4. CHLBV20X

5. CHLB2ORT 6. CHLBTRXX

7. CHLBVPRS

8. CHLBMLTI

9.1101256 10.<mark>1101263</mark>

30" Pro-Style Lat Bar 48" x 1" Lat Bar Single Chrome Handle Multi Purpose V-Bar 20" Rotating Straight Bar Nylon Tricep Rope V Shaped Press Down Bar Revolving Multi-Exercise Bar

Ab Crunch Strap Nylon Ankle Strap











ADJUSTABLE STEP UP BOX
1395532



FOAM PARTNER GLUTE HAM DEVELOPER











KETTLEBELL RACK

1378914 5'



1390945





6 Sleeve Bar Holder 1378814 Bar Holder With Weight Tree





2 TIER DUMBELL RACK

1378808 5' 1378809 10'



3 TIER DUMBELL RACK WITH SADDLES

1378913 5'



3 TIER DUMBELL RACK

1378810 10'







OLYMPIC STYLE BARS

1. 1101247

86" Zinc Plated - 1500 lb. Capacity 86" Black Oxide - 1500 lb. Capacity

2. 1101248

3. 1101249

86" Black Zinc with Chrome Sleeves - 1000 lb. Capacity

4. CHCOB760 5. <mark>1101250</mark>

60" Chrome Plated - 700 lb. Capacity

6. CHCOCBXX

72" Aluminum Technique Bar - 200 lb. Capacity Olympic 47" EZ Curl Bar

7. CHSNPXXX

Bar Wrap Pad





WEIGHT LIFTING CHAINS

1326383 1/2" - 22 lb. 1326390 5/8" - 32 lb. 1326406 3/4" - 52 lb.



PMTA17110 XXLight (5-35 lbs.) Red XLight (10-50 lbs.) Orange **PMTA1716I** PMTA17170 Light (25-80 lbs.) Purple PMTA17120 PMTA171311 Heavy (60-150 lbs.) Green

Medium (50-120 lbs.) Blue PMTA17140 XHeavy (70-175 lbs.) Black PMTA17150 XXHeavy (80-200 lbs.) Yellow

< This bar allows squats to be done in a more vertical

normally associated with a traditional back squat

< Cambered end design relieves lower back stress

< All steel design with padded shoulder harness

posture, producing more intense quadricep involvement







CHTRICOL

S&H



CAMBERED SQUAT BAR

< 2000 lb. maximum capacity

POWERMAX .

CHROME SPRING COLLAR



LOCK-JAW COLLAR Black Only



PMWT126



- < Ideal bar for versatile lifts and presses
- < Built from high grade steel with multi-position grips for varied muscle development
- < Reduces strains common in the joints with heavy presses
- < For use with Olympic-style plates
- < 78"L x 13"W x 2"H 50 lbs.

PMWT130



MUSCLE CLAMP Color Options: Black, Blue, Red.

1250060 Specify Color







OLYMPIC GRIP PLATES

1272475	2.5 lb.	1272512	35 lb.	
1272482	5 lb.	1272529	45 lb.	
1272499	10 lb.	1272536	100 lb.	S&H
1272505	25 lb.			



RUBBER COATED OLYMPIC GRIP PLATE

1272550	2.5 lb.	1272581	25 lb.
1272567	5 lb.	1272598	35 lb
1272574	10 lb.	<mark>1272604</mark>	45 lb.

300 LB. SET WITH 1000 LB. CAPACITY BAR



- · Rugged casters allow for easy transport
- Stores up to 10 45 lb. bumper plates
- Removable center post for easy load and unload
- Laser cut 1/4" steel base

PMWE528 36"H x 24"W x 24"D - 25 lbs.



OLYMPIC WEIGHT SETS

All sets include:

- < 28.5mm (1.12") diameter grip x 2.2m (86.6") long Olympic bar made to AAU/IWF specifications with 50mm (1.96") diameter sleeves
- < Bronze bushings for smooth sleeve rotation
- < Olympic grip plates with gray hammertone, acrylic finish
- < One pair of chrome spring collars

Economy 300 Lb. Weight Set

- < Includes 500 lb capacity chrome bar and spring collars
- < 14 Olympic grip plates 2/45's, 2/35's, 2/25's, 2/10's, 4/5's. 2/2.5's

<mark>1035636</mark>

300 LB. Standard Weight Set

< Includes 1000 lb. capacity black zinc bar with chrome sleeves and spring collars

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S&H

<14 Olympic grip plates - 2/45's, 2/35's, 2/25's, 2/10's, 4/5's, 2/2.5's

WSETS310

300 Lb. Deluxe Weight Set

- < Includes 1500 lb. capacity black oxide bar and spring collars
- < 14 Olympic grip plates 2/45's, 2/35's, 2/25's, 2/10's, 4/5's, 2/2.5's

CHCOS310

400 Lb. Olympic Set

- < Includes 1500 lb. capacity black oxide bar and spring collars
- < 18 Olympic grip plates 4/45's, 2/35's, 2/25's, 2/10's, 6/5's, 2/2.5's

CHCOS400

500 Lb. Olympic Weight Set

- < Includes 1500 lb. capacity black oxide bar and spring collars
- < 22 Olympic grip plates 6/45's, 2/35's, 2/25's, 2/10's, 8/5's, 2/2.5's

CHCOS500



PowerMax

RUBBER BUMPER PLATES

1375513	10 lb Green
1375515	25 lb Yellow
1375516	35 lb Blue
1375517	45 lh - Red



POWER MAX

BLACK RUBBER BUMPER PLATES

1388429	10 lb.
1375514	15 lb.
1388430	25 lb.
1388431	35 lb.
1388432	45 lb.





COMPETITION BUMPER PLATES

- < Constructed of premium rubber, tested to withstand 30,000 drops
- < Plates have a dead blow when dropped with little bounce
- < 450 mm polished steel center hub to create a thinner and more durable core
- < 50.2 mm center hole for snug fit on bar
- < Full commercial product

1386485 10kg - Green 1386486 15kg - Yellow 1386487 20kg - Blue 1386488 25kg - Red

COMPETITION BUMPER PLATES

- < Available in pounds, each plate is a perfect blend of precision craftmanship and Troy quality
- < Premium rubber tested to withstand 30,000 drops
- < Plates have a dead blow when dropped with little bounce
- < 450 mm center steel hub to create a thinner and more durable core
- < 50.2 mm center hole for snug fit on the bar
- < 2 year warranty against defects

 1390932
 25 lb.

 1390933
 35 lb.

 1390934
 45 lb.

 1390935
 55 lb.







URETHANE OLYMPIC GRIP PLATES

- < The Heavyweight of the Troy lineup!
- < These Polyurethane coated "Quiet Iron® EZ-lift" grip plates are less porous than rubber making them virtually indestructible, odor resistant and maintenance free
- < Patented interlocking feature facilitates safer and easier lifting and loading from any position
- < 2% weight accuracy in a fulL commerical quality product
- < Limited 10-year warranty against breakage and 5-year against manufacturer defects
- < Also available with custom engraved logos on 25, 35 & 45 lbs. [Call for details]

1386479	2.5 lb.	1386482	25 lb.
1386480	5 lb.	1386483	35 lb.
1386481	10 lb.	1386484	45 lb.





OLYMPIC TEXAS POWER BAR

- < 84"L x 44 lbs. (20kg) with a 28mm shaft and 4" center knurling
- < Black zinc coated shaft and polished steel sleeves for corrosion resistant performance
- < This 1500 lb. statistical test bar with with sleeves made of one-piece roll pin construction, can be put into any application without worry and is virtually maintenance free
- < Ideal for high school and college weight rooms
- < 5 year limited warranty

1386476



INTERNATIONAL OLYMPIC BAR

- < 84"L x 44 lbs. (20kg) with a 32mm shaft with NO center knurling
- < Troy's best hard chrome "beater" bar with a 32mm shaft that gives it a tensile strength [140,000 PSI] of a much more expensive power bar
- < Bronze bushings and dual snap ring construction in the sleeves make this bar ideal for Olympic lifts such as dead lifts, cleans and snatches
- < 1 year limited warranty

1386477



3. WOMEN'S OLYMPIC BAR

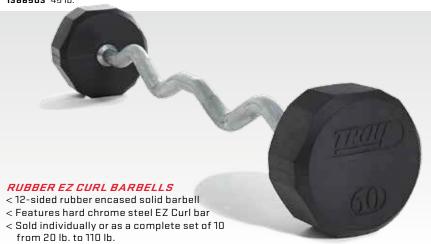
- < 78"L x 33 lbs. (15kg) with a 25mm shaft and NO center knurling
- < The shaft has a distinctive patina (copper) color with black sleeves for easy identification
- < This 800 lb. statistical test bar with sleeves featuring bronze bushings and secured by dual snap rings, is specifically designed for functional training and reliable performance
- < 1 year limited warranty



12-SIDED RUBBER ENCASED DUMBBELL

- < These "Quiet Iron" rubber encased 12-sided hex dumbbells are the top of the line and absolutely the best bar none
- < Made from only the highest quality materials, these dumbbells will stand up to the most strenuous work out environments
- < Made with all steel chrome handles and virgin rubber helps reduce noise and protect floors and equipment
- < Full commercial product
- < Sold as each

1386495 5 lb.	1386504	50	lb.	S&H
1386496 10 lb.	1386505	55	lb.	S&H
1386497 15 lb.	1386506	60	lb.	S&H
1386498 20 lb.	1386507	65	lb.	S&H
1386499 25 lb.	1386508	70	lb.	S&H
1386500 30 lb.	1386509	75	lb.	S&H
1386501 35 lb.	1386510	80	lb.	S&H
1386502 40 lb.	1386511	85	lb. S&H	S&H
1386503 45 lb.				



1388363

1388364

70 lb. 80 lb. 90 lh

100 lb.

110 lb.

from 20	lb. to HU lb.	
1388355	20 lb.	1388360
1388356	30 lb.	1388361
1388357	40 lb.	1388362

Set of 10 (20 - 110 lb. in 10 lb. increments)

50 lb.

60 lb.

1388365

1388358

1388359



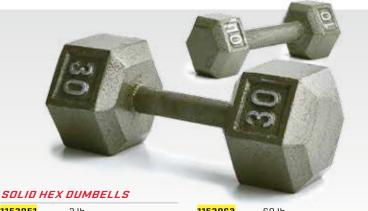
BLACK IRON PRO-STYLE DUMBBELLS

- < Dumbbells are pre-assembled to ensure they meet the standards for full commerical use
- < Feature solid steel bolt end design that is bigger, longer and stronger than the competition</p>
- < All weights feature solid steel chrome straight handles with special deep set knurling for functional performance and our top of the line black premium plates
- $\,<$ The rubber or chrome encased end caps include the TROY name number for easy identification
- < Also available in Silver hammertone finish with either rubber or chrome end caps [call for details]

< Sold as pairs

< 0014 45 P	ulio	
Chrome En	ıd Cap	Rubber End Cap
1388283	5 lb.	1388283 5 lb.
1388284	10 lb.	1388284 10 lb.
1388285	15 lb.	1388285 15 lb.
1388286	20 lb.	1388286 20 lb.
1388287	25 lb.	1388287 25 lb.
1388288	30 lb.	1388288 30 lb.
1388289	35 lb.	1388289 35 lb.
1388290	40 lb.	1388290 40 lb.
1388291	45 lb.	1388291 45 lb.
1388292	50 lb.	1388292 50 lb.
1388293	55 lb.	1388293 55 lb.
1388294	60 lb.	1388294 60 lb.
1388295	65 lb.	1388295 65 lb.
1388296	70 lb.	1388296 70 lb.
1388297	75 lb.	1388297 75 lb.
1388298	80 lb.	1388298 80 lb.
1388299	85 lb.	1388299 85 lb.
1388300	90 lb.	1388300 90 lb.
1388301	95 lb.	1388301 95 lb.
1388302	100 lb.	1388302 100 lb.
1388303	105 lb.	1388303 105 lb.
1388304	110 lb.	1388304 110 lb.
1388305	115 lb.	1388305 115 lb.
1388306	120 lb.	1388306 120 lb.
1388307	125 lb.	1388307 125 lb.
1388308	130 lb.	1388308 130 lb.
1388309	135 lb.	1388309 135 lb.
1388310	140 lb.	1388310 140 lb.
1388311	145 lb.	1388311 145 lb.
1388312	150 lb.	1388312 150 lb.





<mark>1152051</mark>	3 lb.	1152063	60 lb.
1152052	5 lb.	<mark>1152064</mark>	65 lb.
1152053	10 lb.	<mark>1152065</mark>	70 lb.
<mark>1152054</mark>	15 lb.	<mark>1152066</mark>	75 lb.
1152055	20 lb.	<mark>1152067</mark>	80 lb.
1152056	25 lb.		85 lb.
<mark>1152057</mark>	30 lb.	<mark>1152069</mark>	90 lb.
<mark>1152058</mark>	35 lb.	<mark>1152070</mark>	95 lb.
1152059	40 lb.	1152071	100 lb.
<mark>1152060</mark>	45 lb.	<mark>1390919</mark>	5-50 lb. Set
1152061	50 lb.	<mark>1390921</mark>	55-100 lb. Set
1152062	55 lb		





$C \wedge P$

NEOPRENE DUMBBELL SET

< Complete set includes 95 dumbbells: 16 - 1lb, 12 - 2lb, 10 - 3lb, 10 - 4lb, 9 - 5lb, 8 - 6lb, 8 - 7lb, 8 - 8lb, 7 - 9 lb, 7 - 10lb

1257571 Complete Set 1300130 Rack only w/o wheels 1300147 Optional rack wheel package



NEOPRENE DUMBBELLS

1291902	1 lb Lavende	
1291919	2 lb Blue	
1291926	3 lb Pink	
1291933	4 lb Purple	
<mark>1291940</mark>	5 lb Purple	
1291957	6 lb Green	
1291964	7 lb Teal	
1291971	8 lb Orange	
1291988	9 lb Red	
1291995	10 lb Grey	

Picture May Not Represent color of actual product.

Dumbbell colors may vary



PUREGREEN24° DISINFECTANT

1250022 4 oz. Spray Bottle **1250039** 32 oz. Spray Bottle **1250046** 1 Gallon Refill



2XL GYM WIPES

1240689 2 Reusable Buckets (900 sheets each)

1240696 4 Refill Packs (900 sheets each)

1249163 Wall Mount Dispenser



MuellerWHIZZER®

1155235

1 Gallon + 2 FREE Pint Spray Bottles



<mark>1347838</mark>

<mark>1347845</mark>

1347869

1347876

40 lb.

45 lb.

50 lb.

55 lb.

<mark>1347968</mark>

<mark>1390920</mark>

100 lb.

5-50 lb. Set

1390922 55-100 lb. Set



< Specify size: S (27-36"), M (31-40"), L (35-44"), XL (39-48"), XXL (43-52")

CHCLB S-L CHCLBXLX ΧL CHCLBXXL XXL



4" WEIGHT LIFTING BELT

< Size: 24-30" SM, 31-37" MD, 38-45" LG, 44-51" XL.

1240108

Specify Size





< Specify size: S (27-36"), M (31-40"), L (35-44"), XL [39-48"], XXL [43-52"]

СНСТВ S-L CHCTBXLX ΧL CHCTBXXL XXL



NYLON LIFTING BELT

- < Specify Color: Black, Green, Navy, Red, Royal or Purple
- < Specify Size: XS (24"-28"), S (27"-32"), M (31"-36"), L (35"-41"), XL (40"-45"), XXL (44"-50")

CH2004XX 4 3/4" CH500eXX 6"



WHILE SUPPLIES LAST

- · Soft terry lining for comfort and durability
- · Padded leather palms with reinforced stitching
- Hook & loop closure tabs

Size: MED, LRG, XLG.

1364701

Specify Size



< Specify size: S (27-36"), M (31-40"), L (35-44"), XL (39-48"), XXL (43-52")

CHOLB S-L CHOLBXLX ΧL CHOLBXXL XXL









REACTOR

RUBBER MEDICINE BALLS

- < Durable textured rubber cover for easy grip
- < Air filled with limited bounce

1266283	2.2 lb Light Blue
1266290	4.4 lb Red
1266306	6.6 lb Yellow
1266313	8.8 lb Royal
1266320	11 lb Orange
1266337	13.2 lb Green
1266344	15 4 lh - Purnle



HEAVY MEDICINE BALLS

< Heavy weight for complete body workout

1364666	20 lb Yellow	
<mark>1364664</mark>	25 lb Maroon	
1364665	3Π lh - Dark	



- < Synthetic leather cover

1266238	4-6 lb Red
1266245	6-7 lb Yellow
<mark>1266252</mark>	9-10 lb Blue
1266269	11-12 lb Orange

1266276 1377213 1377214

15-16 lb. - Green 17-18 lb. - Purple 19-20 lb. - Yellow



SMASH BALLS

- < Specifically designed to smash and slam without bouncing or rolling
- < Latex free PVC cover will not split or crack
- < Sand filled center shifts with exercise movements to engage core and stabilizer muscles





< Combine strength training, muscle coordination and aerobic exercise all in one

1266733	10 lb.	1266801	45 lb.
1266740	15 lb.	1277470	50 lb.
<mark>1266757</mark>	20 lb.	1277487	60 lb.
<mark>1266764</mark>	25 lb.	1277494	70 lb.
<mark>1266771</mark>	30 lb.	1277500	80 lb.
<mark>1266788</mark>	35 lb.	1277517	90 lb.
<mark>1266795</mark>	40 lb.	1277524	100 lb.



< Vinyl coated to protect flooring and reduce noise

1266818	10 lb Light Blue	1267303	30 lb Orange
<mark>1266825</mark>	15 lb Red	<mark>1267310</mark>	35 lb Kelly Green
<mark>1267280</mark>	20 lb Yellow	<mark>1267327</mark>	40 lb Purple
<mark>1267297</mark>	25 lb Royal	<mark>1267334</mark>	45 lb Black





- < Holds any size kettlebell on 3 shelves < Back lip on each shelve prevents
- fall through
- < Heavy-duty all steel construction

1342611 26"H x 45"W x 23"D



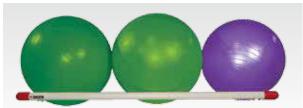
STABILITY BALL CART

- · Lightweight PVC, yet strong, durable and maintenance free
- Roll lock casters secure cart in place with the push of a lever

1257557

67"H x 67"W x 19"D





STABILITY BALL WALL RACK

- < Wall-mounted stability ball rack (hardware not included)
- < Conveniently holds 3 medium or 2 large fitness balls

1369556 55"W x 18"D - 6 lbs.



STABILITY BALL WITH FEET

- Burst-resistant ball with the addition of small peg feet
- · Provides all of the ergonomic seating benefits of a traditional stability ball, but stays put when not in use
- 600 lb. weight limit

1333909 1333916 1333923 45cm - Light Blue 55cm - Red 65cm - Yellow



- < Great for beginning core training
- < Oblong design allows for front-to-back and side-to-side patterns only
- < Ideal for someone who cannot use a traditional round stability ball

<mark>1277142</mark>

45 x 90cm - Red



core, strength, flexibility and rehabilitation exercises

• 600 lb. weight limit

1335873 45cm - Purple 1335880 55cm - Green <mark>1335897</mark> 65cm - Yellow 1335903 75cm - Red



ANTI-BURST FITNESS BALLS

- < Target abs, back and glutes to strengthen and tone
- < Ideal for stretching and warm-up exercises
- < Burst resistant up to 600 lbs.

1335910 45cm - Purple 1335927 1335934

55cm - Green 65cm Yellow 1337211 75cm - Red











REACTOR

LOW PUSH/PULL TRAINING SLED

1375098 1375084 1240054

Sled and Harness Sled Only Harness and Tether Only





1240054

Harness and Tether Only





- < Frame constructed of 1" x 1" 11 gauge high-grade powder coated steel
- < Large 11/4" thick rubber landing surface
- < Set includes 12", 18", 24", 30", 36" & 40"H
- < Ships fully assembled and the set nests for space saving storage

1378908

S&H

*40" plyo box not shown





CHAMPION BARBELL HEAVY DUTY PLYO BOX SET

- < Set of 4 Plyo Boxes includes one of each: 12", 18", 24" and 30" high
- < Stackable for easy storage
- < Large 11/8" thick non slip landing surface
- < Fully welded steel construction with gray powder coated finish
- < Floor protectors for indoor or outdoor use
- < Can be used by athletes up to 400 lbs.
- < Ships fully assembled

<mark>1258318</mark>



NEW!

3 IN 1 FOAM PLYO CUBE

- < The landing surface and height varies by turning the cube to the different dimensions, 20", 24" and 30"
- < The firm premium density polyethylene foam and durable Naugahyde cover provide solid stability and safety for a variety of plyometric training exercises
- < Available in Black only

1390951

20"H x 24"W x 30'L - 30 lbs.







PLYOMETRIC PLATFORM SETS

1369722 4 pc. Advanced Set (18", 24", 30", 36" platforms)

4 pc. Starter Set (9",12",15",18" platforms) 1369721 4 pc. Intermediate Set (12",15",18", 24" platforms)

1369723 7 pc. Full Set (9",12",15",18",24",30",36" platforms)















1248210

HRM Chest Strap



S&H

S&H

CT800 LIGHT COMMERCIAL TREADMILL
1364697

1364698









INTERLOCKING TILES - 24"

- < Flexible & durable recycled material
- < Slip & amp; impact resistant for maximum protection
- < No adhesive required
- < MM (3/8")
- < Minimum order 50 pieces

1369628 Specify Color



INTERLOCKING TILES - 36"

< Minimum order 25 pieces

1369632 Specify Color



INTERLOCKING TILES - 48"

< Minimum order 25 pieces

1369636 Specify Color















SQUARETILES - 24"

- < Easy to install
- < Flexible & durable recycled material
- < 9MM (3/8")
- < Minimum order 50 pieces

1369640 Specify Color



SOUARETILES - 36"

< Minimum order 25 pieces

1369644 Specify Color



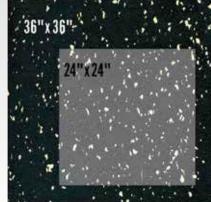
INTERLOCKING TILES

- < Impact-resistant
- < Excellent shock and sound absorbing properties
- < Works great for demanding athletic and institutional applications
- < 24" x 24" x 8MM (5/16")
- < 4 tiles per box/set
- < Minimum order 10 boxes

1369649

Black





ROLLED FLOORING

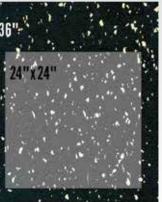
- < Made with recycled materials
- < Ideal for use in demanding athletic. commercial, industrial and institutional applications
- $< 4'W \times 25'L \times 9MM (3/8") roll$

Black

- < Adhesive required
- < Minimum order 2-rolls

1369648





- < Easy installation with fewer seams





SPORT ROLL FLOORING

- < 100% recycled rubber rolls specially designed and manufactured for durability
- < Serve as an effective buffer against acoustical vibration
- < Suitable for both interior, exterior applications ideal for surfacing areas that require resilience, sound absorption, spike resistance and traction
- < Rolls are 3/8" thick and 4" wide and available in 25', 50' and 75' lengths
- < Flec rolls contain 17% EPDM color flecs
- < Adhesives are necessary: Failure to use recommended adhesives may void warranty

4'W x 25'L x 3/8" - Black 1008500 1377217 4'W x 25'L x 3/8" - Specify Color

1008388 4'W x 50'L x 3/8" - Black

1379866 4'W x 50'L x 3/8" - Specify Color 1008449 4'W x 75'L x 3/8" - Black

1379873 4'W x 75'L x 3/8" - Specify Color





YELLOW



RED



BLUE





GREEN







MEGA-LOCK & FLEC-LOCK INTER-LOCKING WEIGHT ROOM FLOORING

- < Pieces are 30" x 30" x 1/2" thick
- < Precision cut, seamless appearance, interlocking mat that is large enough to not require adhesive, but still small enough to be manageable
- < Highly resilient, anti-fatigue qualities found naturally in rubber are enhanced by a space age polymer binder used during manufacturing

20015530 Mega-Lock Black - Center 20015532 Mega-Lock Black - Edge 20015531 Mega-Lock Black - Corner



















RB FLOORING/MAT CLEANER

- < Highly concentrated, phosphate-free formula designed to work with all of RB Rubber flooring systems
- < Provides an economical, effective cleaning and deodorizing system for rubber, urethane and other inanimate hard surfaces and synthetic floors in areas that are normally hard to keep fresh smelling such as gyms, schools, clubs and indoor recreation facilities





CX-941 POLYURETHANE ADHESIVE FOR ROLLOUT RUBBER FLOORING

- < CX-941 is a polyurethane-based, structural, trowel grade industrial adhesive
- < Elastomer properties enable it to move with rubber as it expands and contracts

1008319 2 Gallon Pail 1008326 5 Gallon Pail

> Adhesives are only necessary for rolled flooring. Failure to use recommended adhesives may void warranty.







ATHLETIC FLOORING MATS

- < A cost effective alternative to other types of expensive flooring
- < Protect floor from damage caused by the impact from dropping barbells

CHMAT1/2 3'W x 4'L x 1/2" CHMAT3/4 3'W x 4'L x 3/4" CHMTF1/2 4'W x 6'L x 1/2" CHMTF3/4 4'W x 6'L x 3/4"



ZIP-TILE INTERLOCKING FLOORING

- < Interlocking 3/8" thick tiles are easy to handle and install
- < Tiles are 28.5" x 28.5" with no corner or edge pieces required; simply cut tiles to fit any room
- < Unique tab design holds the tiles together, eliminating the need for adhesives or tape

1300154 Black 1300161 Specify Flec Color























P.O. BOX 7726 DALLAS, TEXAS 75209 PRSRT STD
U.S. POSTAGE PAID
BSN SPORTS

